



[guardrails]

keeping your life on track





We hardly notice guardrails until you are in an accident where one saves your life. Guardrails are good things. Are they not?

GUARDRAILS: PART ONE



GUARDRAIL #1

WHY CAN'T WE BE FRIENDS



GUARDRAILS: PART TWO



JOURNAL:

**Apart from your current family members,
who are your closest friends?**

GUARDRAILS: PART TWO



SHARE:

Are your parents protective of who you spend time with? Are you glad they protect you? Do you wish they would leave you alone?

GUARDRAILS: PART TWO



SHARE:

Do you hide any relationships from your parents? Youth leaders? Closest friends? God?

GUARDRAILS: PART TWO



ASK YOURSELF

1. Your core group isn't moving in a God honouring direction, what do you do?

GUARDRAILS: PART TWO



ASK YOURSELF

1. Your core group isn't moving in a God honouring direction, what do you do?
2. **Have You ever caught yourself living a double life?**

GUARDRAILS: PART TWO



ASK YOURSELF

1. Your core group isn't moving in a God honouring direction, what do you do?
2. Have You ever caught yourself living a double life?
3. **Have you ever said "I will go but I won't participate?"**

GUARDRAILS: PART TWO



2 Corinthians 4: 2+3

GUARDRAILS: PART TWO



2 Corinthians 4: 2+3

We refuse to wear masks and play games. We don't maneuver and manipulate behind the scenes. And we don't twist God's Word to suit ourselves. Rather, we keep everything we do and say out in the open, the whole truth on display, so that those who want to can see and judge for themselves in the presence of God.

GUARDRAILS: PART TWO



Proverbs 13:10

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Proverbs 13:10

Walk with the wise and become wise, for a companion of fools suffers harm.

GUARDRAILS: PART TWO

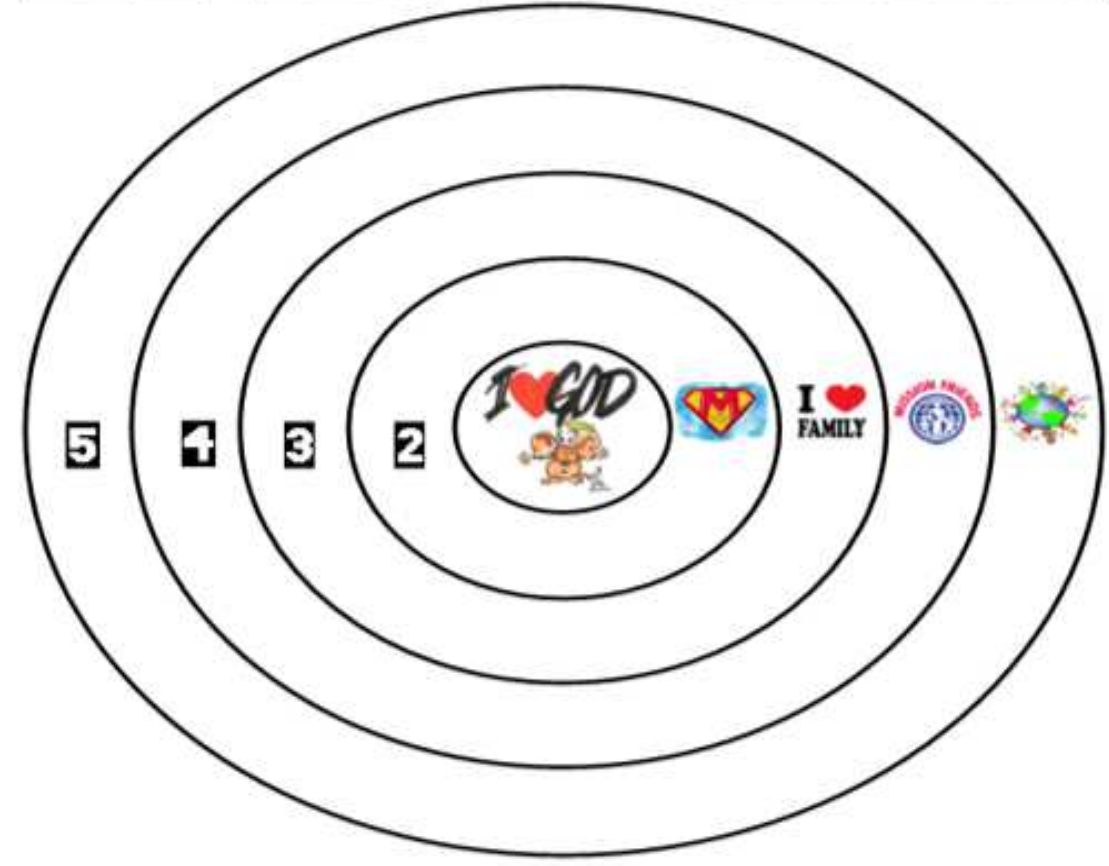


JOURNAL:

Of all the biblical standards you have broken, how many have you broken with friends?

GUARDRAILS: PART TWO

GOD AND RELATIONSHIPS



- 1. GOD**
 - 2. MENTORS**
 - 3. FAMILY**
 - 4. SPIRITUAL FRIENDS**
 - 5. THE WORLD**
- GUARDRAILS: PART TWO**



IF SERIOUS, DO THE FOLLOWING:

- 1. List the ways you lead a double life.**
 - a) Confess these to your SGL or PS.**
- 2. Make a list of those who influence you negatively.**
 - a) Remove them from their places of influence.**
 - b) Remove from social media – social groups.**
- 3. Put two guardrails in place.**
 - a) Jesus and a trusted adult.**

GUARDRAILS: PART TWO



**WHAT GUARDRAILS DO YOU
NEED TO SET UP IN YOUR LIFE
AROUND FRIENDSHIPS?**

JOURNAL AND PRAY

GUARDRAILS: PART TWO